

HELMET FITTING / RETENTION SYSTEM INFO

The best way to put on a helmet is to hold the chin straps to each side before pulling it over your head. Pass the end of the strap through the D-rings and pull it snug. Keeping your head straight, rotate the helmet from side to side with your hands. If the helmet is adjusted properly, you should feel the movement of your scalp closely match the helmet's movement. With your hands on the sides of the helmet, move the helmet in a slight up and down motion. Once again, the movement of your skin should follow the helmet movement. To remove the helmet, pull the D-ring tab outward to release strap tension, then un-thread the chin strap. Pull the chin straps outward, rotate the helmet forward and lift it off.

PLEASE NOTE:

- No helmet can protect the user against all foreseeable impacts.
- For maximum protection, the helmet must provide adequate peripheral vision.
- All retention straps (chin straps) must be securely fastened.
- The helmet can be seriously damaged by some common substances with damage being invisible to the user.
- Apply only mild soap and water for cleaning.
- Make no modifications to the helmet. If the helmet experiences a severe blow, please replace it.

PANTS

Measure the width of the waist on your regular street pants and multiply by 2. Then refer to the chart. Example: 16" x 2 = 32" or size 32. Note that ratchet buckle and side waist adjusters (on most models) will cinch up an additional 2" of waist size to fine tune the fit.

MEN'S WAIST	MX PANT SIZE	INSEAM
26" / 27-1/2"	66 / 70cm	26
28" / 29-1/2"	71 / 75cm	28
30" / 31-1/2"	76 / 80cm	30
32" / 33-1/2"	81 / 85cm	32
34" / 35-1/2"	86 / 90cm	34
36" / 37-1/2"	91 / 95cm	36
38" / 39-1/2"	97 / 100cm	38
40" / 41-1/2"	102 / 105cm	40
42" / 43-1/2"	107 / 110cm	42
44" / 45-1/2"	112 / 116cm	44
46" / 47-1/2"	117 / 119cm	46
48" / 49-1/2"	122 / 126cm	48
50" / 51-1/2"	127 / 131cm	50

WMN'S WAIST	MX PANT SIZE	INSEAM
24" / 25-1/2"	61 / 65cm	02
26" / 27-1/2"	66 / 70cm	04
28" / 29-1/2"	71 / 75cm	06
30" / 31-1/2"	76 / 80cm	08
32" / 33-1/2"	81 / 85cm	10
34" / 35-1/2"	86 / 90cm	12
36" / 37-1/2"	91 / 95cm	14

YOUTH WAIST	MX PANT SIZE	INSEAM
16" / 17-1/2"	41 / 44cm	16
18" / 19-1/2"	46 / 50cm	18
20" / 21-1/2"	51 / 55cm	20
22" / 23-1/2"	56 / 60cm	22
24" / 25-1/2"	61 / 65cm	24
26" / 27-1/2"	66 / 70cm	26
28" / 29-1/2"	71 / 75cm	28

JERSEYS

Compare one of your t-shirts with the corresponding size chart below. Choose the same size jersey as you would for a t-shirt. Note that jerseys typically run larger for a loose, unrestricted fit.

MEN'S TEE	JERSEY SIZE
X-SMALL	XS
SMALL	SM
MEDIUM	MD
LARGE	LG
X-LARGE	XL
2X-LARGE	2XL
3X-LARGE	3XL

WOMEN'S TEE	JERSEY SIZE
SMALL	WSM
MEDIUM	WMD
LARGE	WLG
X-LARGE	WXL
2X-LARGE	W2XL

YOUTH TEE	JERSEY SIZE
X-SMALL (2-4)	YSM
SMALL (6-8)	YMD
MEDIUM (10-12)	YLG
LARGE (14-16)	YXL
X-LARGE (18-20)	Y2XL

HELMETS

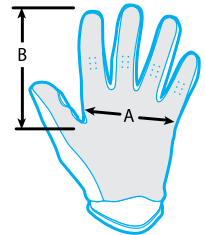
Using a tape-measure, measure the circumference of your head just above the ears and across the forehead. Refer to the chart for proper helmet size. Example: Head circumference measures 22-3/4" = Adult med helmet.

ADULT HEAD	HELMET SIZE
20-3/8" - 21-1/8"	52 / 54cm XS
21-1/4" - 22"	54 / 56cm SM
22-1/8" - 22-7/8"	57 / 58cm MD
23" - 23-3/4"	59 / 60cm LG
23-7/8" - 24-5/8"	61 / 63cm XL

YOUTH HEAD	HELMET SIZE
18-1/2" - 19-1/8"	47 / 49cm YOUTH SM
19-1/4" - 19-7/8"	49 / 50cm YOUTH MD
20" - 20-1/2"	51 / 52cm YOUTH LG

GLOVES

Measure the width of your palm "A" about 1" below the base of your fingers (about 3/4" for kids) and the length from the tip of your index finger to the base of your thumb "B" and match measurements to sizes listed on the chart. This is for reference only. Glove fit can be a personal preference.



MEN'S A/B	GLOVE SIZE
3-5/8" / 4-3/8"	9 / 11cm SM
3-3/4" / 4-1/2"	9.5 / 11cm MD
3-7/8" / 4-5/8"	9.8 / 11.8cm LG
004" / 4-3/4"	10.2 / 12cm XL
4-1/8" / 4-7/8"	11 / 12.4cm 2XL

WOMEN'S A/B	GLOVE SIZE
3-1/8" / 4"	8 / 10cm WSM
3-1/4" / 4-1/8"	8 / 11cm WMD
3-3/8" / 4-1/4"	8.5 / 11cm WLG
3-1/2" / 4-3/8"	9 / 11cm WXL

YOUTH A/B	GLOVE SIZE
2-3/8" / 2-3/4"	6 / 7cm Y2XS
2-1/2" / 2-7/8"	6.5 / 7cm YXS
2-5/8" / 3"	6.7 / 7.5cm YSM
2-3/4" / 3-1/8"	7 / 8cm YMD
2-7/8" / 3-1/4"	7.5 / 8.5cm YLG
3" / 3-3/8"	8 / 8.5cm YXL

